

RNG	STNR	NAME	VORNAME	VEREIN	AK	AK_PL	GES_ZEIT	SWIM	Rg	RAD	Rg	LAUF	Rg
1	386	Gailis	Arik	DSW Darmstadt	TM16	1	00:40:45	00:00:00		00:00:00		00:40:45	46
2	380	Filpi	Giovanni	TG Tria Rüsselsh.	TM25	1	00:44:55	00:25:17	8	00:00:00		00:19:38	1
3	388	Göttig	Andreas	John 3:16	TM35	1	00:45:08	00:25:04	6	00:00:00		00:20:04	2
4	400	Marquardt	Timo		TM30	1	00:47:50	00:25:18	9	00:00:00		00:22:32	4
5	382	Flick	Jürgen	TUS Roland Brey	TM40	1	00:48:06	00:25:36	12	00:00:00		00:22:30	3
6	405	Pietzsch	Thomas	LT Phoenix	TM40	2	00:48:11	00:25:35	11	00:00:00		00:22:36	5
7	423	Weißmann	Anika	SV Bayreuth	TW20	1	00:48:14	00:23:49	3	00:00:00		00:24:25	9
8	392	Hundsörfer	Vera	Poseidon Koblenz	TW20	2	00:48:46	00:23:13	2	00:00:00		00:25:33	13
9	406	Ljangström	Fodrik		TM30	2	00:49:48	00:24:14	4	00:00:00		00:25:34	14
10	415	Spannagel	Lutz	Die Renttiere	TM50	1	00:51:04	00:27:05	21	00:00:00		00:23:59	8
11	379	Eustachi	Markus		TM40	3	00:51:18	00:26:25	15	00:00:00		00:24:53	10
12	395	Klehr	Volker		TM45	1	00:51:34	00:26:02	14	00:00:00		00:25:32	12
13	402	Muljono	Daniel	Gazelle Kisslegg	TM25	2	00:51:52	00:28:21	28	00:00:00		00:23:31	7
14	417	Urbahn	Claudia	LC Olympia Wiesb.	TW30	1	00:52:20	00:26:42	19	00:00:00		00:25:38	15
15	424	Wesolowski	Michael		TM45	2	00:52:35	00:26:01	13	00:00:00		00:26:34	18
16	373	Dingeldein	Stefan		TM25	3	00:52:54	00:29:39	39	00:00:00		00:23:15	6
17	411	Schloß	Andreas	TV Hatzenbühl Tria	TM18	1	00:52:56	00:24:22	5	00:00:00		00:28:34	25
18	393	Jaensch	Tobias		TM30	3	00:53:11	00:25:31	10	00:00:00		00:27:40	23
19	369	Berghaus	Jens	TuS Medenbach	TM25	4	00:53:22	00:28:25	30	00:00:00		00:24:57	11
20	413	Schulte	Markus		TM30	4	00:53:39	00:26:40	18	00:00:00		00:26:59	21
21	375	Ebeling	Frank		TM30	5	00:53:48	00:23:06	1	00:00:00		00:30:42	36
22	425	Strezel	Verena	TCEC Mainz	TW30	2	00:54:04	00:25:06	7	00:00:00		00:28:58	29
23	428	Peiffer	Horst		TM60	1	00:54:13	00:26:39	17	00:00:00		00:27:34	22
24	422	Weirauch	Uwe		TM40	4	00:54:44	00:27:59	24	00:00:00		00:26:45	20
25	403	Muxel	Selina		TW25	1	00:54:51	00:28:28	32	00:00:00		00:26:23	16
26	383	Frank	Dieter	Poseidon Worms	TM45	3	00:54:54	00:28:18	27	00:00:00		00:26:36	19
27	385	Gaik	Christine		TW20	3	00:55:36	00:29:03	36	00:00:00		00:26:33	17
28	370	Brand	Christoff		TM25	5	00:55:40	00:26:55	20	00:00:00		00:28:45	27
29	418	Vogler	Andreas	TCEC Mainz	TM25	6	00:55:45	00:27:08	23	00:00:00		00:28:37	26
30	408	Schäfer	Ruben		TM25	7	00:56:11	00:26:30	16	00:00:00		00:29:41	32
31	394	Kalverkamp	Martin		TM40	5	00:56:51	00:28:02	25	00:00:00		00:28:49	28
32	362	Winter	Mario	Acti-Fit	TM30	6	00:57:11	00:29:01	35	00:00:00		00:28:10	24
33	427	Hebestreit	Detlef		TM55	1	00:57:56	00:28:51	33	00:00:00		00:29:05	30
34	381	Fischer	Friedrich	Mainzer Ruder V.	TM65	1	00:57:57	00:27:07	22	00:00:00		00:30:50	37
35	351	Reil	Sebastian		TM20	1	00:58:30	00:28:58	34	00:00:00		00:29:32	31
36	365	Bachmann	Sabine	sg anspach	TW40	1	00:58:48	00:28:13	26	00:00:00		00:30:35	35
37	401	Merz	Harald	DZ BANK RUNNERS	TM30	7	00:59:18	00:29:17	37	00:00:00		00:30:01	33
38	426	Schulze	Heike		TW50	1	00:59:41	00:29:26	38	00:00:00		00:30:15	34
39	357	Swetlichkin	Nicolai	Acti-Fit	TM20	2	01:01:12	00:28:26	31	00:00:00		00:32:46	39
39	361	Schäfer	Marc	Acti-Fit	TM25	8	01:01:12	00:28:22	29	00:00:00		00:32:50	40
41	419	Voss	Monica	Laufsport Bunert	TW55	1	01:01:14	00:30:00	40	00:00:00		00:31:14	38
42	360	Schröder	Walter	Acti-Fit	TM50	2	01:04:30	00:31:12	42	00:00:00		00:33:18	43
43	391	Hoffmann	Nora		TW25	2	01:05:19	00:30:06	41	00:00:00		00:35:13	44
44	377	Eberlein	Jonas		TM25	9	01:06:54	00:34:02	44	00:00:00		00:32:52	41
45	352	Schäfer	Werner	Crass-Duathlet	TM50	3	01:08:04	00:34:47	45	00:00:00		00:33:17	42
46	407	Rice	Sheila Anne	TV Mußbach	TW60	1	01:09:44	00:32:08	43	00:00:00		00:37:36	45
47	356	Hartmann	Lutz	Acti-Fit	TM60	2	01:18:27	00:34:58	46	00:00:00		00:43:29	47
48	353	Fluhr	Daniela	ActiFit	TW20	4	01:24:49	00:39:01	47	00:00:00		00:45:48	49
49	355	Hohl	Sascha	ActiFit	TM20	3	01:24:51	00:39:05	48	00:00:00		00:45:46	48